**Please indicate to what extent you agree or disagree with each of the following statements. Enter your score next to each item:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Strongly Agree** | **Somewhat Agree** | | **Neither Agree nor Disagree** | **Somewhat Disagree** | | **Strongly Disagree** |
| **7** | **6** | **5** | **4** | **3** | **2** | **1** |

|  |  |
| --- | --- |
| 1 Extraverted, enthusiastic. |  |
| 2R Critical, quarrelsome. |  |
| 3 Dependable, self-disciplined. |  |
| 4R Anxious, easily upset. |  |
| 5 Open to new experiences, complex. |  |
| 6R Reserved, quiet. |  |
| 7 Sympathetic, warm. |  |
| 8R Disorganized, careless. |  |
| 9 Calm, emotionally stable. |  |
| 10R Conventional, uncreative. |  |

Before you add your scores note the R next to items 2, 4, 6, 8 and 10. This means that the item is reverse-scored. Such items are phrased in a negative way and their scores need to be reversed so that they are aligned with items phrased in a positive. Only then can you calculate your score on each dimension.

If, for example you have a score of 1 (strongly disagree) on item 2, you need to replace it by 7. If you have scored 3 then the score you need to consider is 5. See below the equivalence of scores:

|  |  |
| --- | --- |
| If your score is… | Replace it by… |
| 1 | 7 |
| 2 | 6 |
| 3 | 5 |
| 4 | 4 |
| 5 | 3 |
| 6 | 2 |
| 7 | 1 |

Add your scores as follows (for example, for factor Extraversion add your scores on items 1+6R). You will obtain a score for each trait.

Extraversion: 1, 6R; \_\_\_\_\_\_

Agreeableness: 2R, 7; \_\_\_\_\_\_

Conscientiousness; 3, 8R; \_\_\_\_\_\_

Emotional Stability: 4R, 9; \_\_\_\_\_\_

Openness to Experiences: 5, 10R. \_\_\_\_\_\_